# What paradox? <br> <br> Causal Models and Statistical Confusion 

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| Drug | No drug |
| :--- | :--- |


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| :--- | :--- | :--- |
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| Female |  |  |


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Should we prescribe the drug?

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Statistical phenomena where a relationship which is present when aggregating over the population may be reversed or absent when looking at sub-populations

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Two phenomena which are statistically independent in the general population are statistically dependent in a sub-population

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The relationship between a categorical exposure and a continuous outcome is reversed when we condition on a third variable

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Confusing, but not a paradox

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## Confusing, but not a paradox

You're asking a question that statistics alone is not equipped to answer

Estimand Estimator Estimate

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Estimand
Estimator
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(1) Prepare Chocolate Cake Batter

Preheat oven to 350 degrees, and prepare Yo's uttimate Chocolate Cake batter. Prepare your pans
with parchment. Pour $2 / 2 / 2 \mathrm{lbs}$ into each $7^{*}$ round pan $11^{2 / 2} \mathrm{l}$ bs into your $5^{\prime \prime}$ round pan, and divide the remaining batter evenly between your 5 round pans.
(2) Bake Cakes

Bake your $7^{*}$ round cakes for 50 minutes. your $6^{\circ}$ round cake for 40 minutes, and your 5 ' round
cakes for 30 minutes or until a toothpick comes out clean. Set aside to cool completely in their
pans on a wire rack.
(3) Prepare Fillings \& Simple Syrup

Prepare your dark chocolate ganache, Italian meringue buttercream, and simple syrup. Set aside
until you're ready to deccorate.
4. Level Cakes

Remove your cooled cakes from their pans and level them with a ruler and serrated knifo.

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Credit to Peter Tennant @PWGTennant

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## Conditional Probabilities:

$$
P(R=r \mid D=d, S=s)
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## Marginal Probabilities:

$$
P(R=r \mid D=d)
$$

Estimand
Estimator
Estimate

## Estimand

$P(R=1 \mid D=1, S=0) \quad$ \# Recovered takers Male / \# $\begin{gathered}\text { Drug takers Male }\end{gathered}$

$$
\begin{array}{ccc}
\text { Estimand } & \text { Estimator } & \text { Estimate } \\
P(R=1 \mid D=1, S=0) & \text { \# Recovered takers Male } / \# & \\
& \text { Drug takers Male } & .93 \\
P(R=1 \mid D=1) & \text { \# Recovered drug takers } / & \\
\text { \# Drug takers } & .78
\end{array}
$$

Two different sets of estimands yield two different sets of estimates

- No paradox there!

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We are interested in a causal effect

- Does taking the drug cause recovery?
- Causal Estimand
- But we have no way of expressing this in the language of statistics

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Statistical estimand $\leftarrow$ ? $\rightarrow$ Causal Estimand

## Causal Graphs

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- The arrow $X \rightarrow Y$ represents our belief that $X$ is a direct cause of Y
- We omit an arrow if expert knowledge tells us that one variable does not directly cause another. The absence of an arrow is a strong statement



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Directed Acyclic Graph (DAG) or Bayesian Network

This machinery is useful for three important and closely related reasons:
(1) Causal models map causal dependencies onto statistical dependencies

- Regardless of distributions and functional forms

2 Causal models allow us to define causal effects in the language of interventions and probabilities
3 Causal models tell us which when and how statistical estimands can act as causal estimands

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Chain


X: Smoking
Z: Tar
Y: Cancer
$X \notin Y$
$\mathrm{X} \Perp \mathrm{Y} \mid \mathrm{Z}$

Fork


X: Storks
Z: Environment
Y: Babies
$X \notin \quad Y$
$X \Perp Y \mid Z$

Collider


X: Attractiveness
Z: Being Single
Y: Intelligence
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The do-operator $d o(X=x)$ represents a "surgical intervention" to set the value of the variable $X$ to a constant value $x$

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- do $(D=1)$ - the act of intervening such that everyone takes an aspirin

In the graph, a do- operation on $X$ cuts-off all incoming ties

Two versions of the causal system

## Observing

## Intervening



We can use the do-operator to define our causal estimand

## Causal Effect of Drug-Taking on Recovery:

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C E=P[R \mid d o(D=1)]-P[R \mid d o(D=0)]
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## Causal Effect of Drug-Taking on Recovery:

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$$

Inference problem: "Seeing" is not always the same as "doing"

## Observing $\neq$ Intervening:

$$
P[Y \mid X=x] \text { is not generally the same as } P[Y \mid d o(X=x)]
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Statistical<br>Estimand

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Estimate


| Causal | Causal | Statistical | Estimator | Estimate |
| :---: | :---: | :---: | :---: | :---: |
| Estimand | Model | Estimand |  |  |


| Causal | Causal |
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Statistical Estimand

## Estimator



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\text { Drug takers Male }
\end{array}\right] .93
$$

## Estimator

Estimate 9378

## Causal

Estimand

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\begin{aligned}
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\end{aligned}
$$

Causal Model

Statistical

Estimand
$P(R \mid D, S)$
$P(R \mid D)$

## Causal

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Causal Model

Statistical

Estimand
$P(R \mid D, S)$
$P(R \mid D)$

## Simpsons Paradox

## Post-Treatment Blood Pressure:

- Statistical information is exactly the same
- The drug works in part by decreasing blood pressure
- We should not condition on blood pressure


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Absolutely not a paradox.

- Confusion comes from a lack of clarity regarding our causal estimand and causal model

Statistical information alone cannot provide the answer

- Different DAGs can produce the exact same statistical dependencies in observational data

Causal models provide immediate conceptual clarity

- Miguel Hernan: Draw your assumptions before your conclusions!

Inappropriate reliance on (advanced) statistical modeling with no clear link to causal estimands or models

- Paradoxes and confusion result. Machine learning is no solution

Causal modeling can be powerful in reshaping how we approach statistical modeling

- Judea Pearl, Don Rubin, Jamie Robins, Miguel Hernan, Angrist \& Imbens
- Example: Controlling for as many variables as possible is an obviously terrible idea when estimating causal effects

Researchers make causal inferences based on observational data all the time

- Better to be explicit and open about this so we can move forward

Thanks!
(o.ryan@uu.nl | oisinryan.org)

My own research focuses on using these ideas to improve psychological and social science research

- Causal discovery (e.g. Ryan, Bringmann, Schuurman, in press)
- Causal estimands (e.g. Haslbeck*, Ryan*, Dablander* 2021)
- Constructing theories (Haslbeck*, Ryan*, Robinaugh*, Waldorp, Borsboom, 2021)
- Applications of causal inference (forthcoming)


## Berksons Paradox

Two phenomena which are statistically independent in the general population are statistically dependent in a sub-population

Classic example: We are interested in the relationship between Lung Cancer ( $L$ ) and Diabetes ( $D$ )

- General population, these two variables are independent.
- In a sample of hospital patients, there is a negative dependency - patients who don't have diabetes are more likely to have lung cancer.

- Lung cancer $L$ and diabetes $D$ cause hospitalization $H$
- By taking participants from a hospital we condition on hospitalization $(H=1)$
- If you are hospitalised, and you don't have diabetes, probably you do have lung cancer (Otherwise - why would you be in hospital?).
- $P(D \mid L=1, H=1) \neq P(D \mid d o(L)=1)$
- We have conditioned on a collider


## Collider Bias

## Marginal relatioship L and D



## Collider Bias

## Relationship L and D conditional on $\mathrm{H}=1$



